Topo Athletic Shoe Summary July 2024

## Trail shoes:

- 1. Traverse
  - a. Popular for 'thru hikers'
  - b. Light, breathable
  - c. Vibram Megagrip Outsole
  - d. FF Rockplate, less torsion with increased weight from backpack for example
  - e. Increased durability
  - f. new FKT Insole is optimized for thru-hiking with a closed celled construction to lock water out, allowing shoes to drain quickly when needed in wet conditions
  - g. 5 mm drop. 30 mm heel, 25 mm forefoot
- 2. Pursuit 2
  - a. Hikers: Zero drop enthusiasts
  - b. High Cushion
  - c. More flexible
  - d. No Rockplate
  - e. Durable upper
  - f. new FKT Insole is optimized for thru-hiking with a closed celled construction to lock water out, allowing shoes to drain quickly when needed in wet conditions
  - g. 0 drop, 28 mm
- 3. TerraVenture
  - a. Run/ hike
  - b. Shorter hikes
  - c. More 'close to the ground feel'
  - d. FF rockplate
  - e. 3 mm drop; 25 mm heel, 22 forefoot

## Trail RUN:

- 1. Ultraventure
  - a. Flexible, comparison to gravel bike (love that)
  - b. Running, road to trail
  - c. HIGHEST cushion, 5 mm drop
  - d. 35 mm heel, 30 mm foefoot.
- 2. Mt Racer
  - a. Most popular
  - b. Improved toe sweep for fast transition
  - c. 5 mm drop; 33 mm heel, 28 mm forefoot
  - d. Higher cushion

## **Road Shoes**

1. Phantom

- a. Comparison to Hoka Clifton, Brooks Ghost
- b. Long daily miles, comfortable to wear all day
- c. 5 mm drop; 33 mm heel, 28 mm at the forefoot
- 2. UltraFly
  - a. Comparison to Brooks Adrenaline
  - b. 5 mm drop, 30 mm heel, 25 mm at the forefoot
- 3. Magnifly
  - a. Zero drop enthusiasts
  - b. 25 mm
  - c. Walk, run
- 4. Atmos
  - a. MAX cushion trainer
  - b. Comparison to Bondi/Nimbus
  - c. Lots of volume and foam
  - d. Hallux limitus/rigidus
  - e. 5 mm drop; 38 mm heel, 33 mm forefoot

\*\*\*\* Coming in January...Max Cushion + Stability (ideal for HL/HR)

## Performance Running Shoes

Pebax Foam is different, so it's more springy. May not be ideal for just walking, may feel unstable.

- 1. Cyclone
  - a. Highly responsive
  - b. Very lightweight and energetic
  - c. Rocker design for a fast transition
  - d. 5 mm drop; 28 mm heel, 23 mm forefoot
  - e. Run, tempo or performance
- 2. Specter
  - a. 5 mm drop, 35 mm heel, 30 mm forefoot
  - b. Highly cushioned
  - c. Rocker design
  - d. Run, tempo or performance